

# FRESH SUMMER MENU ORDER FORM: HCP CLIENT

**STAFF USE**  
Date entered into Polixen:  
/ /

NAME: \_\_\_\_\_

## WEEK ONE

*Please enter quantity next to your choices you would like delivered, and return via your branch volunteers*

MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Italian Meatballs	\$3.75		Peach & Apple Sponge	\$2		
Pancakes	\$4		Mango Chicken	\$3.75		Flummery	\$2		
SNACK		QTY	Roast Pork	\$3.75		Custard & Fruit	\$2		
Sausage Roll	\$3		Vegetable Casserole	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
French Onion Soup	\$1.50		Italian Meatballs	\$2.75					
Bread Roll	80c		Mango Chicken	\$2.75					
LIGHT LUNCH		QTY	Roast Pork	\$2.75					
Chicken & Pumpkin Salad	\$2.75		Vegetable Casserole	\$2.75					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Beef Casserole	\$3.75		Caramel Pudding	\$2		
Raisin Toast	\$4		Pork Ragu with Pasta	\$3.75		Baked Custard	\$2		
SNACK		QTY	Sweet & Sour Chicken	\$3.75		Ice Cream & Fruit	\$2		
Caramel Slice	\$3		Spinach & Ricotta Crepe	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Chicken & Vegetable Soup	\$1.50		Beef Casserole	\$2.75					
Bread Roll	80c		Pork Ragu with Pasta	\$2.75					
LIGHT LUNCH		QTY	Sweet & Sour Chicken	\$2.75					
Pulled Pork Roll	\$2.75		Spinach & Ricotta Crepe	\$2.75					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Garlic Prawns	\$3.75		Chocolate Pudding	\$2		
Baked Beans	\$4		Chicken Schnitzel & Gravy	\$3.75		Lemon Cream Pie	\$2		
SNACK		QTY	Beef Stir Fry	\$3.75		Custard & Fruit	\$2		
Coconut Slice	\$3		Vegetable Quiche	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Asparagus Soup	\$1.50		Garlic Prawns	\$2.75					
Bread Roll	80c		Chicken Schnitzel & Gravy	\$2.75					
LIGHT LUNCH		QTY	Beef Stir Fry	\$2.75					
Pepperoni Pizza	\$2.75		Vegetable Quiche	\$2.75					

Please let us know if you have any dietary requirements:

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## WEEK TWO

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MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Chicken Sausage	\$3.75		Apple & Blueberry Crumble	\$2		
Bacon & Eggs	\$4		Sweet & Sour Pork	\$3.75		Impossible Pie	\$2		
SNACK		QTY	Lamb Casserole	\$3.75		Custard & Fruit	\$2		
Lamington	\$3		Zucchini Slice	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Tomato Soup	\$1.50		Chicken Sausage	\$2.75					
Bread Roll	80c		Sweet & Sour Pork	\$2.75					
LIGHT LUNCH		QTY	Lamb Casserole	\$2.75					
Ham & Cheese Sandwich	\$2.75		Zucchini Slice	\$2.75					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Roast Beef	\$3.75		Mango Frozen Yoghurt	\$2		
Raisin Toast	\$4		Teriyaki Chicken	\$3.75		Apple Tea Sponge	\$2		
SNACK		QTY	Fish in Lemon Sauce	\$3.75		Custard & Fruit	\$2		
Pork Riblets	\$3		Bean Casserole	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Chicken & Corn Soup	\$1.50		Roast Beef	\$2.75					
Bread Roll	80c		Teriyaki Chicken	\$2.75					
LIGHT LUNCH		QTY	Fish in Lemon Sauce	\$2.75					
Greek Salad with Chicken	\$2.75		Bean Casserole	\$2.75					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Rissole & Gravy	\$3.75		Pavlova	\$2		
Pancakes	\$4		Shepherd's Pie	\$3.75		Hazelnut Mousse	\$2		
SNACK		QTY	Crumbed Fish	\$3.75		Ice Cream & Fruit	\$2		
Custard Tart	\$3		Macaroni Cheese	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Potato & Leek Soup	\$1.50		Rissole & Gravy	\$2.75					
Bread Roll	80c		Shepherd's Pie	\$2.75					
LIGHT LUNCH		QTY	Crumbed Fish	\$2.75					
BBQ Chicken Wing & Fried Rice	\$2.75		Macaroni Cheese	\$2.75					

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## WEEK THREE

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MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Mongolian Lamb	\$3.75		Creamed Rice	\$2		
Baked Beans	\$4		Braised Steak	\$3.75		Trifle	\$2		
SNACK		QTY	Honey Garlic Chicken	\$3.75		Ice Cream & Fruit	\$2		
Chicken Nuggets	\$3		Vegetable Stir Fry	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Minestrone Soup	\$1.50		Mongolian Lamb	\$2.75					
Bread Roll	80c		Braised Steak	\$2.75					
LIGHT LUNCH		QTY	Honey Garlic Chicken	\$2.75					
Corned Beef & Mustard Pickle Sandwich	\$2.75		Vegetable Stir Fry	\$2.75					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Sweet & Sour Meatballs	\$3.75		Pear & Cinnamon Crumble	\$2		
Bacon & Eggs	\$4		Chicken & Asparagus Bake	\$3.75		Apple Pie	\$2		
SNACK		QTY	Pepper Pork	\$3.75		Custard & Fruit	\$2		
Blueberry Muffin	\$3		Roast Veg Frittata	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Pumpkin Soup	\$1.50		Sweet & Sour Meatballs	\$2.75					
Bread Roll	80c		Chicken & Asparagus Bake	\$2.75					
LIGHT LUNCH		QTY	Pepper Pork	\$2.75					
Salmon Pattie Burger	\$2.75		Roast Veg Frittata	\$2.75					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Roast Chicken	\$3.75		Cheesecake	\$2		
Raisin Toast	\$4		Sausage & Gravy	\$3.75		Caramel Mousse	\$2		
SNACK		QTY	Curry Prawns	\$3.75		Custard & Fruit	\$2		
Pastie	\$3		Vegetable Singapore Noodles	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Beef & Vegetable Soup	\$1.50		Roast Chicken	\$2.75					
Bread Roll	80c		Sausage & Gravy	\$2.75					
LIGHT LUNCH		QTY	Curry Prawns	\$2.75					
Beef & Relish Sandwich	\$2.75		Vegetable Singapore Noodles	\$2.75					

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## WEEK FOUR

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MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Roast Lamb	\$3.75		Mango Pudding	\$2		
Pancakes	\$4		Apricot Chicken	\$3.75		Baked Rice Custard	\$2		
SNACK		QTY	Savoury Mince	\$3.75		Custard & Fruit	\$2		
Banana Bread	\$3		Creamy Pumpkin Pasta	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Tomato & Vegetable Soup	\$1.50		Roast Lamb	\$2.75					
Bread Roll	80c		Apricot Chicken	\$2.75					
LIGHT LUNCH		QTY	Savoury Mince	\$2.75					
Fried Rice	\$2.75		Creamy Pumpkin Pasta	\$2.75					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Pasta Bolognese Bake	\$3.75		Pineapple Upside – Down Cake	\$2		
Raisin Toast	\$4		Hawaiian Chicken	\$3.75		Crème Caramel	\$2		
SNACK		QTY	Curried Fish	\$3.75		Ice Cream & Fruit	\$2		
Spinach & Ricotta Roll	\$3		Asparagus Quiche	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Pea & Ham Soup	\$1.50		Pasta Bolognese Bake	\$2.75					
Bread Roll	80c		Hawaiian Chicken	\$2.75					
LIGHT LUNCH		QTY	Curried Fish	\$2.75					
Ham & Cheese Croissant	\$2.75		Asparagus Quiche	\$2.75					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Lambs Fry & Bacon	\$3.75		Apple Crumble	\$2		
Bacon & Eggs	\$4		Meat Pie & Gravy	\$3.75		Sticky Date Pudding	\$2		
SNACK		QTY	Fishcake	\$3.75		Custard & Fruit	\$2		
Chocolate Cake	\$3		Satay Vegetables	\$3.75					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Bacon Chowder Soup	\$1.50		Lambs Fry & Bacon	\$2.75					
Bread Roll	80c		Meat Pie & Gravy	\$2.75					
LIGHT LUNCH		QTY	Fishcake	\$2.75					
Honey Soy Chicken Skewers	\$2.75		Satay Vegetables	\$2.75					

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