

FRESH SUMMER MENU ORDER FORM: NDIS CLIENT

STAFF USE
Date entered into Polixen:

NAME: _____

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WEEK ONE

Please enter quantity next to your choices you would like delivered, and return via your branch volunteers

MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Italian Meatballs	\$3		Peach & Apple Sponge	\$2		
Pancakes	\$4		Mango Chicken	\$3		Flummery	\$2		
SNACK		QTY	Roast Pork	\$3		Custard & Fruit	\$2		
Sausage Roll	\$3		Vegetable Casserole	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
French Onion Soup	\$1.50		Italian Meatballs	\$2					
Bread Roll	80c		Mango Chicken	\$2					
LIGHT LUNCH		QTY	Roast Pork	\$2					
Chicken & Pumpkin Salad	\$2		Vegetable Casserole	\$2					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Beef Casserole	\$3		Caramel Pudding	\$2		
Raisin Toast	\$4		Pork Ragu with Pasta	\$3		Baked Custard	\$2		
SNACK		QTY	Sweet & Sour Chicken	\$3		Ice Cream & Fruit	\$2		
Caramel Slice	\$3		Spinach & Ricotta Crepe	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Chicken & Vegetable Soup	\$1.50		Beef Casserole	\$2					
Bread Roll	80c		Pork Ragu with Pasta	\$2					
LIGHT LUNCH		QTY	Sweet & Sour Chicken	\$2					
Pulled Pork Roll	\$2		Spinach & Ricotta Crepe	\$2					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Garlic Prawns	\$3		Chocolate Pudding	\$2		
Baked Beans	\$4		Chicken Schnitzel & Gravy	\$3		Lemon Cream Pie	\$2		
SNACK		QTY	Beef Stir Fry	\$3		Custard & Fruit	\$2		
Coconut Slice	\$3		Vegetable Quiche	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Asparagus Soup	\$1.50		Garlic Prawns	\$2					
Bread Roll	80c		Chicken Schnitzel & Gravy	\$2					
LIGHT LUNCH		QTY	Beef Stir Fry	\$2					
Pepperoni Pizza	\$2		Vegetable Quiche	\$2					

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WEEK TWO

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MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Chicken Sausage	\$3		Apple & Blueberry Crumble	\$2		
Bacon & Eggs	\$4		Sweet & Sour Pork	\$3		Impossible Pie	\$2		
SNACK		QTY	Lamb Casserole	\$3		Custard & Fruit	\$2		
Lamington	\$3		Zucchini Slice	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Tomato Soup	\$1.50		Chicken Sausage	\$2					
Bread Roll	80c		Sweet & Sour Pork	\$2					
LIGHT LUNCH		QTY	Lamb Casserole	\$2					
Ham & Cheese Sandwich	\$2		Zucchini Slice	\$2					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Roast Beef	\$3		Mango Frozen Yoghurt	\$2		
Raisin Toast	\$4		Teriyaki Chicken	\$3		Apple Tea Sponge	\$2		
SNACK		QTY	Fish in Lemon Sauce	\$3		Custard & Fruit	\$2		
Pork Riblets	\$3		Bean Casserole	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Chicken & Corn Soup	\$1.50		Roast Beef	\$2					
Bread Roll	80c		Teriyaki Chicken	\$2					
LIGHT LUNCH		QTY	Fish in Lemon Sauce	\$2					
Greek Salad with Chicken	\$2		Bean Casserole	\$2					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Rissole & Gravy	\$3		Pavlova	\$2		
Pancakes	\$4		Shepherd's Pie	\$3		Hazelnut Mousse	\$2		
SNACK		QTY	Crumbed Fish	\$3		Ice Cream & Fruit	\$2		
Custard Tart	\$3		Macaroni Cheese	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Potato & Leek Soup	\$1.50		Rissole & Gravy	\$2					
Bread Roll	80c		Shepherd's Pie	\$2					
LIGHT LUNCH		QTY	Crumbed Fish	\$2					
BBQ Chicken Wing & Fried Rice	\$2		Macaroni Cheese	\$2					

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WEEK THREE

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MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Mongolian Lamb	\$3		Creamed Rice	\$2		
Baked Beans	\$4		Braised Steak	\$3		Trifle	\$2		
SNACK		QTY	Honey Garlic Chicken	\$3		Ice Cream & Fruit	\$2		
Chicken Nuggets	\$3		Vegetable Stir Fry	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Minestrone Soup	\$1.50		Mongolian Lamb	\$2					
Bread Roll	80c		Braised Steak	\$2					
LIGHT LUNCH		QTY	Honey Garlic Chicken	\$2					
Corned Beef & Mustard Pickle Sandwich	\$2		Vegetable Stir Fry	\$2					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Sweet & Sour Meatballs	\$3		Pear & Cinnamon Crumble	\$2		
Bacon & Eggs	\$4		Chicken & Asparagus Bake	\$3		Apple Pie	\$2		
SNACK		QTY	Pepper Pork	\$3		Custard & Fruit	\$2		
Blueberry Muffin	\$3		Roast Veg Frittata	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Pumpkin Soup	\$1.50		Sweet & Sour Meatballs	\$2					
Bread Roll	80c		Chicken & Asparagus Bake	\$2					
LIGHT LUNCH		QTY	Pepper Pork	\$2					
Salmon Pattie Burger	\$2		Roast Veg Frittata	\$2					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Roast Chicken	\$3		Cheesecake	\$2		
Raisin Toast	\$4		Sausage & Gravy	\$3		Caramel Mousse	\$2		
SNACK		QTY	Curry Prawns	\$3		Custard & Fruit	\$2		
Pastie	\$3		Vegetable Singapore Noodles	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Beef & Vegetable Soup	\$1.50		Roast Chicken	\$2					
Bread Roll	80c		Sausage & Gravy	\$2					
LIGHT LUNCH		QTY	Curry Prawns	\$2					
Beef & Relish Sandwich	\$2		Vegetable Singapore Noodles	\$2					

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WEEK FOUR

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MONDAY DELIVERY: Meals for Monday & Tuesday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Rice Bubbles	\$3		Roast Lamb	\$3		Mango Pudding	\$2		
Pancakes	\$4		Apricot Chicken	\$3		Baked Rice Custard	\$2		
SNACK		QTY	Savoury Mince	\$3		Custard & Fruit	\$2		
Banana Bread	\$3		Creamy Pumpkin Pasta	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Tomato & Vegetable Soup	\$1.50		Roast Lamb	\$2					
Bread Roll	80c		Apricot Chicken	\$2					
LIGHT LUNCH		QTY	Savoury Mince	\$2					
Fried Rice	\$2		Creamy Pumpkin Pasta	\$2					
WEDNESDAY DELIVERY: Meals for Wednesday & Thursday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Cornflakes	\$3		Pasta Bolognese Bake	\$3		Pineapple Upside – Down Cake	\$2		
Raisin Toast	\$4		Hawaiian Chicken	\$3		Crème Caramel	\$2		
SNACK		QTY	Curried Fish	\$3		Ice Cream & Fruit	\$2		
Spinach & Ricotta Roll	\$3		Asparagus Quiche	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Pea & Ham Soup	\$1.50		Pasta Bolognese Bake	\$2					
Bread Roll	80c		Hawaiian Chicken	\$2					
LIGHT LUNCH		QTY	Curried Fish	\$2					
Ham & Cheese Croissant	\$2		Asparagus Quiche	\$2					
FRIDAY DELIVERY: Meals for Friday, Saturday & Sunday									
BREAKFAST		QTY	MEALS- MAIN 360gm		QTY	DESSERTS		QTY	
Weet-Bix	\$3		Lambs Fry & Bacon	\$3		Apple Crumble	\$2		
Bacon & Eggs	\$4		Meat Pie & Gravy	\$3		Sticky Date Pudding	\$2		
SNACK		QTY	Fishcake	\$3		Custard & Fruit	\$2		
Chocolate Cake	\$3		Satay Vegetables	\$3					
SOUP		QTY	MEALS- MINI 220gm		QTY				
Bacon Chowder Soup	\$1.50		Lambs Fry & Bacon	\$2					
Bread Roll	80c		Meat Pie & Gravy	\$2					
LIGHT LUNCH		QTY	Fishcake	\$2					
Honey Soy Chicken Skewers	\$2		Satay Vegetables	\$2					

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